

**East Cowes Enema Results 08/01/2017**

	Run 2.40km / 4.50km			Bike Lap 10.0km								Bike Splits		
	Name	Run	T1	Bike	T2	Run	Total	Nominated	Error	Position				
L/3/L	Craig Wilson	00:18:07	00:00:44	00:56:53	00:00:37	00:20:08	01:36:29	01:38:00	00:01:31	7	00:19:15	00:18:09	00:19:29	
S/3/S	Rich Bulmer	00:11:31	00:02:07	01:12:10	00:00:57	00:12:37	01:39:22	01:30:00	00:09:22	16	00:23:29	00:24:26	00:24:15	
L/2/L	Ian Robinson-Phenix	00:20:34	00:00:52	00:43:26	00:01:03	00:21:45	01:27:40	01:20:00	00:07:40	15	00:21:58	00:21:28		
L/2/L	Kieran Blaney	00:19:40	00:01:05	00:44:38	00:00:47	00:21:36	01:27:46	01:35:00	00:07:14	14	00:22:29	00:22:09		
L/2/S	Simon Evans	00:22:30	00:01:29	00:50:16	00:00:53	00:13:53	01:29:01	01:40:00	00:10:59	17	00:25:11	00:25:05		
S/2/S	Dan Morgan	00:13:01	00:00:56	00:42:30	00:00:57	00:13:33	01:10:57	01:11:45	00:00:48	3	00:21:01	00:21:29		
L/3/L	Rob Doorly	00:19:35	00:00:46	01:02:44	00:00:55	00:21:26	01:45:26	01:57:00	00:11:34	18	00:20:37	00:21:06	00:21:01	
L/2/S	Nick Kenney	00:17:56	00:00:40	00:37:45	00:00:59	00:19:51	01:17:11	01:21:00	00:03:49	11	00:19:32	00:18:13		
L/2/S	Rob Jones	00:21:51	00:00:28	00:50:07	00:00:29	00:12:14	01:25:09	01:26:00	00:00:51	4	00:24:40	00:25:27		
L/1/L	Grant Philbrick	--	--	--	--	--	--	--	--	--	--	--	--	
S/1/S	Julie Salter	00:11:52	00:01:32	00:26:15	00:01:28	00:12:46	00:53:53	00:47:00	00:06:53	13	00:26:15	00:17:47		
L/3/L	Pete Carter	00:18:51	00:00:41	00:55:25	00:00:34	00:19:21	01:34:52	01:40:00	00:05:08	12	00:18:43	00:17:47	00:18:55	
S/1/S	Roy Young	00:10:47	00:00:17	00:21:04	00:00:16	00:11:13	00:43:37	00:45:00	00:01:23	6	00:21:04			
S/2/S	Liz Dunlop	00:11:49	00:00:41	00:45:44	00:01:03	00:12:18	01:11:35	01:12:00	00:00:25	1	00:23:08	00:22:36		
S/2/S	Matt Richards	00:11:25	00:00:52	00:50:53	00:00:40	00:12:14	01:16:04	01:14:00	00:02:04	9	00:25:11	00:25:42		
L/3/L	Sean Williams	00:16:34	00:00:57	00:52:03	00:00:28	00:16:57	01:26:59	01:29:00	00:02:01	8	00:17:22	00:17:23	00:17:18	
L/2/L	Matt Fletcher	00:19:08	00:01:06	00:46:37	00:00:30	00:18:07	01:25:28	01:25:00	00:00:28	2	00:23:12	00:23:25		
L/2/L	Nick Scott-Denness	00:22:19	00:00:47	00:48:06	00:00:37	00:24:13	01:36:02	01:35:00	00:01:02	5	00:23:51	00:24:15		
S/1/S	Dom/Mandy Team	00:09:00	00:00:07	00:20:43	00:00:11	00:09:06	00:39:07	00:42:00	00:02:53	10	00:20:43			
L/2/L	Haf Aladin	00:20:49	00:00:45	00:48:13	00:00:43	00:21:23	01:31:53	01:20:00	00:11:53	19	00:24:54	00:23:19		