

St. Helens Splash & Dash 28.07.2017 650m (with tide) swim 3.4km run

	Name	Swim	T1	Run	Total	Nominated	Error	Position
L/L	Mary Norman	00:13:37	00:00:41	00:15:37	00:29:55	00:32:00	00:02:05	4
L/L	Joe Norman	00:11:50	00:00:56	00:14:46	00:27:32	00:29:00	00:01:28	3
L/L	Nina French	00:12:22	00:00:51	00:15:27	00:28:40	00:32:00	00:03:20	8
L/L	Julie Cox	00:13:45	00:01:14	00:21:01	00:36:00	01:00:00	00:24:00	16
L/L	Adam Younger	00:12:34	00:00:24	00:14:52	00:27:50	00:31:00	00:03:10	7
L/L	Nick Kenney	00:10:59	00:00:33	00:14:08	00:25:40	00:29:00	00:03:20	8
L/L	Martin Goodall	00:11:20	00:00:48	00:15:10	00:27:18	00:30:00	00:02:42	6
L/L	Neil Cooper	00:13:32	00:00:23	00:15:50	00:29:45	00:32:10	00:02:25	5
L/L	Kev Winchcombe	00:12:09	00:00:51	00:16:00	00:29:00	00:35:00	00:06:00	15
L/L	Fiona Attwood	00:14:09	00:00:58	00:19:24	00:34:31	00:40:00	00:05:29	13
L/L	Liz Dunlop	00:11:11	00:00:47	00:17:52	00:29:50	00:31:00	00:01:10	2
L/L	Luke Jeffrey	00:12:21	00:00:47	00:15:06	00:28:14	00:29:00	00:00:46	1
L/L	Sean Williams	00:12:17	00:00:48	00:12:17	00:25:22	00:29:00	00:03:38	10
L/L	Steve Dines	00:12:52	00:00:32	00:16:39	00:30:03	00:35:00	00:04:57	11
L/L	Andy Fessey	00:11:53	00:00:52	00:15:12	00:27:57	00:33:00	00:05:03	12
L/L	Simon Woods	00:12:29	00:00:45	00:15:01	00:28:15	00:34:00	00:05:45	14