East Cowes Enema Results 07/01/2018 **Run 2.40km / 4.50km** **Bike Lap 10.0km**

	Name	Run	T1	Bike	T2	Run	Total	Nominated	Error	Position	Bike Splits			% Differen	Current Points	#Events
L/2/L	Jan Fletcher	00:20:43	00:01:15	00:45:27	00:00:55	00:22:10	01:30:30	01:33:00	00:02:30	**3**	00:22:46	00:22:41		2.7	3	1
S/3/S	Nick Kenney	00:10:07	00:00:55	01:01:47	00:00:41	00:10:28	01:23:58	01:18:00	00:05:58	13	00:21:00	00:20:19	00:20:28	7.6	29	3
S/2/L	Tony Hope	00:11:54	00:01:10	00:47:56	00:03:48	00:21:03	01:25:51	01:40:00	00:14:09	16	00:23:44	00:24:12		14.2	21	2
S/2/S	Emma Spencer-Goodi	00:11:55	00:01:20	00:55:55	00:01:42	00:13:44	01:24:36	01:48:00	00:23:24	17	00:28:33	00:27:22		21.7	17	1
L/3/L	Martin Jackson	00:12:00	00:01:44	01:02:34	00:01:24	00:12:18	01:30:00	01:26:48	00:03:12	5	00:20:46	00:20:55	00:20:53	3.7	16	2
L/3/L	Sean Williams	00:17:43	00:00:48	00:56:49	00:00:30	00:19:44	01:35:34	01:30:00	00:05:34	12	00:18:51	00:18:45	00:19:13	6.2	16	3
L/3/L	Craig Wilson	00:18:21	00:00:42	00:58:43	00:00:58	00:20:03	01:38:47	01:36:00	00:02:47	4	00:19:32	00:19:26	00:19:45	2.9	9	3
L/2/L	Grant Philbrick	00:20:11	00:00:43	00:44:21	00:00:45	00:22:08	01:28:08	01:26:30	00:01:38	**2**	00:22:10	00:22:11		1.9	8	2
L/2/S	Dan Caton	00:20:00	00:01:18	00:42:58	00:01:02	00:11:28	01:16:46	01:12:00	00:04:46	9	00:21:30	00:21:28		6.6	17	2
L/2/L	Rob Doorly	00:20:29	00:00:53	00:47:07	00:00:51	00:23:37	01:32:57	01:28:00	00:04:57	10	00:23:20	00:23:47		5.6	19	2
L/2/L	Kieran Blamey	00:20:50	00:00:56	00:47:19	00:00:48	00:24:09	01:34:02	01:35:23	00:01:21	**1**	00:23:09	00:24:10		1.4	1	1
L/3/L	Adam Younger	00:20:48	00:01:03	01:06:24	00:01:00	00:24:02	01:53:17	01:49:00	00:04:17	8	00:21:50	00:21:44	00:22:50	3.9	9	2
L/1/L	Ian Robinson-Phenix	00:21:16	00:00:53	00:23:51	00:00:56	00:20:18	01:07:14	03:00:00	01:52:46	18	00:23:51			62.6	18	1
L/2/L	Oliver Nolan	00:21:15	00:01:16	00:43:04	00:00:46	00:24:04	01:30:25	01:34:12	00:03:47	7	00:21:09	00:21:55		4.0	7	1
L/3/L	Paul Martin	00:21:05	00:02:00	00:59:08	00:00:51	00:24:08	01:47:12	01:42:00	00:05:12	11	00:19:25	00:19:18	00:20:25	5.1	11	1
L/3/L	Richard Bulmer	00:22:49	00:01:32	01:15:42	00:00:59	00:26:53	02:07:55	01:55:00	00:12:55	14	00:24:28	00:25:11	00:26:03	11.2	20	2
L/3/L	Dan Morgan	00:24:02	00:01:20	01:06:38	00:01:10	00:27:08	02:00:18	01:56:57	00:03:21	6	00:22:18	00:22:00	00:22:20	2.9	19	3
L/2/L	Fiona Attwood	00:24:52	00:01:20	00:55:27	00:01:55	00:27:31	01:51:05	01:37:00	00:14:05	15	00:27:00	00:28:27		14.5	32	3
	Joe Norman														4	1
	Glyn Jenkins														25	2
	Les Cupis														13	1
	Dean Hayward														9	1
	Steve Gratton														12	1
	Steve Dines														12	1
	Jason van der Helstraete														3	1
	Julie Cox														6	1
	Haf Aladin														11	1